



## Scar & Areola Micropigmentation Post Procedure Care

### General

Micropigmentation (semi-permanent makeup) procedures are affected by the “canvas” (your skin) that they are performed on. Lifestyle, medications, smoking, metabolism, facial surgery and other procedures, and age of skin all contribute to fading. The initial application is always applied conservatively because every person’s skin is different and the final color can only be precisely determined and adjusted during a follow-up appointment after the initial application has fully healed. Because of this, the micropigmentation process is not complete after the initial procedure. In all cases, a follow-up appointment is required approximately 30 days after your initial application to fine tune and ensure the best result.

Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage, or oozing, contact your doctor immediately.

- Apply ice packs as necessary to prevent or reduce swelling.
- When the area starts to flake, leave it. Do not pick, peel or pull on the skin.
- Apply a thin coat of Aquaphor® or white petroleum (such as Vaseline®) to the area twice a day for 3-4 days, before showering and after cleansing.
- Avoid sweating such as from vigorous exercise for 24 hours.
- For at least one week post-procedure or until healing is complete (whichever is longer):
  - Keep your hands clean and avoid touching the affected area(s).
  - Do not scrub or pick treated areas.
  - Do not use peroxide or Neosporin on treated areas.
  - Do not expose area to direct sun or to tanning beds.
  - Avoid exposing the area excessive moisture or humidity, such as: facials, swimming, whirlpools (hot tubs), saunas, steam rooms, and steamy showers.
- Avoid Retin-A, moisturizers, glycolic acids, exfoliants and anti-aging products **at all times** (not just during healing) on all micropigmented areas. These can cause pigments to fade and lighten prematurely.
- Avoid tanning beds, sun, chlorine spas and pools, soap and chemicals (including skin cleansers, makeup removers, alpha hydroxyl creams, and tooth whitening toothpaste) near the treated area until healed.
- Pigments will slowly fade over time according to one’s metabolism, skin type, sun exposure, medication, facial surgery, and smoking. Schedule maintenance visits as needed to keep it looking fresh.
- Periodic touch ups will ensure longer lasting results.

### Scar Camouflage & Areola Restoration

- Keep area away from water for 24 hours.
- Keep moist with Aquaphor or white petroleum for 3-5 days.

## Scar & Areola Micropigmentation Healing Schedule

If you've never had micropigmentation before, there are a lot of unknowns. One of the most common questions we're asked is what to expect during the healing process. While every person is different and some heal more quickly or slowly than others, here's generally what to expect.

Temporary side effects from micropigmentation include but are not limited to: redness, swelling, puffiness, bruising, dry patches and tenderness.

You should expect to lose approximately 1/3 of the initial color during the healing process. We have selected the optimal pigments for you with this in mind. In approximately six days it may appear too light. After about 10 days, the color will show more. It will appear softer when completely healed.

I UNDERSTAND AND ACCEPT THAT FAILURE TO FOLLOW THE POST-PROCEDURE INSTRUCTIONS ABOVE MAY RESULT IN A LOSS OR DISCOLORATION OF PIGMENT RESULTING IN A NEED FOR MORE FREQUENT TOUCHUPS.

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Name (Please print legibly)

\_\_\_\_\_

Date

\_\_\_\_\_

Client Signature

\_\_\_\_\_

Date

\_\_\_\_\_

Parent Or Legal Guardian (If Client Is Under 18)

\_\_\_\_\_

Date

### **Practitioner statement:**

I have personally reviewed the above information with my client or the client's representative.

\_\_\_\_\_

Practitioner Signature

\_\_\_\_\_

Date